

CURRICULUM VITAE

NEIL J. HUNT

M.A., M.D., M.R.C.Psych.

DATE OF BIRTH:	27 October 1959
NATIONALITY:	British
GENERAL MEDICAL COUNCIL:	Full registration (Number 2803951)
MEDICAL DEFENCE UNION:	Full membership
CURRENT POST: (Since 1993)	Consultant Psychiatrist George McKenzie House Fulbourn Hospital Cambridge CB21 5EF Tel: 01223 218807 Fax: 01223 218817 e-mail: nh212@cam.ac.uk

EDUCATION AND QUALIFICATIONS:

B.A. in Medical Sciences 1977 - 1980
Queens' College, Cambridge University
(Part II in Neurosciences and History of Medicine)
M.A. (1983)

M.B., B.S. 1980 - 1983
St George's Hospital, University of London

Membership of the Royal College of Psychiatrists 1987

Laughlin Prize for Psychiatric Residents 1989
St. Bartholomew's Hospital

M.D. 1993
on 'The causes of recurrence in Bipolar Affective Disorder'
University of London

Approved under section 12 of the Mental Health Act (1983) and as a Responsible Clinician

Current Job description:

Consultant Psychiatrist
Cambridgeshire and Peterborough Foundation Trust
Fulbourn Hospital

I work part time (6 sessions a week) on the low secure ward

I have been responsible for the general adult psychiatry patients on George McKenzie House at Fulbourn Hospital since its opening in 1995. George Mackenzie House is a 20 bed facility which is designated low secure and admits patients under both the Adult and Forensic Psychiatry services. All patients are detained under the Mental Health Act, referrals are mainly from within the Cambridgeshire Trust. This is a tertiary referral service and I am responsible for the assessment prior to admission and liaison with consultant referrers. I am the Responsible Clinician for half of the 20 inpatients on the unit. I work with the multidisciplinary team on the ward in both the day to day management and the longer term planning for the patients. I take part in the weekly multidisciplinary review and care planning meeting along with Dr Alan Smith, Consultant in Forensic Psychiatry; we cover for each other when on leave. I liaise with the Consultants and teams to whom patients are transferred on discharge.

Up until 2016 I was responsible for the community and inpatient services to the North Uttlesford district of Essex. I was the Consultant for the Community team from the North Essex MH Trust for those adults who live in North Uttlesford.

I have supervised trainees, both at core and specialist training level. I also work with a Speciality Doctor.

I also shared responsibility for Electro Convulsive Therapy for 6 years up to 2105, including the training and organisation as well as delivery of the treatment.

Other professional roles

I currently chair Medicines Management committee (formerly drug and therapeutics). I was the Clinical Director in Adult Psychiatry for four years 2000 - 2004.

I am on the Eastern Region section 12 (MHA) approval panel (and was chairman for five years when I initiated and then ran training courses in the use of Act).

I have previously been chairman of the Mental Health Audit committee and the Special Needs Placement Panel. I have also been the Consultant who takes the lead on Mental Health Act issues. I am an Appraiser for Consultant Psychiatrists. I

have provided psychiatric expertise in complaint and serious untoward incident inquiries. I was chair of the Medical Advisory Group from 2007-2011

I am an Associate Lecturer at the clinical school of the University of Cambridge. I lecture on the clinical course in psychiatry on Bipolar Disorder to the medical students. I have students attached to my team for clinical teaching including assessment, interview skills for diagnosis and treatment. This is both ward based and in the community. I have interviewed students applying to the Clinical School and am an examiner in the final MB exam. I have written the SCEE station in psychiatry for the last five years. This involves the conception of the station and training of actors for the parts. I represent psychiatry at the SCEE committee.

I have represented the University of Cambridge and the Royal College of Psychiatrists on Appointments committees in the Region and have also examined higher degrees for the University .

Apart from direct supervision of trainee psychiatrists, I teach the local trainees on dealing with violence, the management of acute behavioural disturbance and the Mental Health Act. I also lecture on the MRCPsych Course particularly on Bipolar disorder and communication skills.

I organise and lecture at local post graduate meetings for General Practitioners on management of depression, bipolar illness and also violence. I lecture at Postgraduate meetings for Psychiatrists on Bipolar disorder, violence and medico legal issues including organising and chairing sessions at the Royal College Annual Congress since 2012. These Congress sessions have usually featured psychiatric analysis of characters from Shakespeare's dramas.

I have a close link with the Cambridge Bipolar Group and contribute to their meetings as well as a regular 'Ask the doctor' article in their local newsletter, some of these articles are reprinted in the national magazine.

I have been a researcher in the Balance study of lithium and valproate in bipolar disorder. I was the local Principal Investigator for the follow on randomised controlled study – CEQUEL, funded by the Medical Research Council.

I have continued to undertake local research and audit on bipolar disorder.

I am a member of the British Association for Psychopharmacology and on their consensus guideline group. I am also a member of the International Society for Bipolar Disorders.

I have had a book published in the 'Your Questions Answered' series entitled 'Bipolar disorder'.

PREVIOUS POSITIONS:

GENERAL:

Jul '83 - Jan '84	House Officer, General Medicine and Geriatrics St. George's Hospital, London
Feb '84 - Jul '84	House Surgeon, General Surgery Kingston Hospital, Surrey
Aug '84 - Jan '85	SHO, Accident and Emergency St. George's Hospital, London
Feb '85 - Jul '85	SHO, Neurology Norfolk & Norwich Hospital, Norwich

PSYCHIATRIC TRAINING:

**SHO/Registrar Rotational Training Scheme
St. Bartholomew's Hospital Teaching Group, London**

August 1985 - September 1988

HIGHER PSYCHIATRIC TRAINING:

**Clinical Research Fellow and Hon. Lecturer
Academic Unit of Human Psychopharmacology
Medical College of St Bartholomew's Hospital**

October 1988 to January 1992

OXFORD REGIONAL SENIOR REGISTRAR ROTATION

**Senior Registrar to Dr R. Fieldsend and Dr J. Small
Chiltern Community Mental Health Team**

January 1992 to May 1993

**Senior Registrar to Dr A. Hadi
Community Mental Health Team for the elderly**

May 1993 to August 1993

PUBLICATIONS:

N. Hunt and V.R. Touquet (1986) Known epileptics brought to the accident and emergency department. *Journal of the Royal College of General Practitioners*, 15, 225-226

N. Hunt (1987) Hypoglycaemic effect of lithium. *Biological Psychiatry*, 22, 798-799

N. Hunt and V.R. Blacker (1987) Delusional Parasitosis. *British Journal of Psychiatry*, 150, 713-714

J. Cookson, B. Natorf, **N. Hunt**, T. Silverstone and G. Uppfelt (1989) Efficacy, safety and tolerability of Raclopride, a specific D2 receptor blocker in the treatment of acute schizophrenia. *International Clinical Psychopharmacology*, 4, 61-70

N. Hunt and T. Silverstone (1990) Seasonal affective disorder following brain injury. *British Journal of Psychiatry*, 156, 884-886

N. Hunt, N. Prior and C. Vize (1990) Report on East-Anglian division trainees day. *Psychiatric Bulletin*. 14, 409-410

N. Hunt and T. Silverstone (1991) Tardive Dyskinesia in Bipolar Affective Disorder: A catchment area study. *International Clinical Psychopharmacology*, 6, 45-50

M. Gill, D. Castle, **N. Hunt**, A. Clements, P. Sham & R. Murray (1991) Tyrosine hydroxylase polymorphisms and bipolar affective disorder. *Journal of Psychiatric Research* 25, 179-184

N. Hunt, H. Sayer and T. Silverstone (1992) Season and manic relapse. *Acta Psychiatrica Scandinavica* 85, 123-126

N. Hunt, W. Bruce-Jones and T. Silverstone (1992) Life events and relapse in bipolar affective disorder. *Journal of Affective Disorders* 25, 13-20

N. Hunt (1992) Research training: 'a view from within'. *Bulletin of the Association of University Teachers of Psychiatry* (Spring).

N. Hunt (1992) Seasonal affective disorders. *British Journal of Hospital Medicine* 48, 245-249

C. Walsh, A. Hicks, P. Sham, D. Castle, **N. Hunt**, A. Clements, T. Sander, R. Murray, M. Darlinson & M. Gill (1992) GABAA receptor subunit genes as candidate genes for bipolar affective disorder. *Psychiatric Genetics* 2, 239-247

PUBLICATIONS (continued):

N. Hunt (1992) External factors in bipolar relapse in 'Bipolar Disorder'. The Medicine Group, Abingdon.

S. Shaik, D. Ball, N. Craddock, D. Castle, **N. Hunt**, R. Mant, M. Owen, D. Collier & M. Gill (1992) The Dopamine D3 receptor gene: no association with bipolar affective disorder. *Journal of Medical Genetics* 30, 308-309

N. Hunt, S. Adams, N. Coxhead, H. Sayer, C. Murray & T. Silverstone (1993) The incidence of mania in two areas in the United Kingdom. *Social Psychiatry and Psychiatric Epidemiology* 28, 281-284

J. Körner, M. Rietschel, **N. Hunt**, D. Castle, M. Gill, M. Nöthen, N. Craddock, J. Daniels, M. Owen, et al (1994) Association and haplotype analysis at the tyrosine hydroxylase locus in a combined German-British sample of manic depressive patients and controls. *Psychiatric Genetics* 4:3 167-75

L. Lim, M. Nöthen, J. Körner, M. Rietschel, D. Castle, **N. Hunt**, P. Propping, R. Murray and M. Gill (1994) No evidence of association between dopamine D4 receptor variants and bipolar disorder. *American Journal of Medical Genetics* 54:3 259-63

T. Silverstone, S. Romans-Clarkson, **N. Hunt** & H. McPherson (1995) Is there a seasonal pattern of relapse in bipolar affective disorders? *British Journal of Psychiatry* 167, 58-60

L. Lim, J. Powell, P. Sham, D. Castle, **N. Hunt**, R. Murray, M. Gill (1995) Evidence for a genetic association between alleles of monoamine oxidase A gene and bipolar affective disorder. *American Journal of Medical Genetics* 60:4 325-31

N. Hunt and T. Silverstone (1995) Does puerperal illness distinguish a subgroup of bipolar patients? *Journal of Affective Disorders* 34, 101-107

E. Dawson, M. Gill, D. Curtis, D. Castle, **N. Hunt**, R. Murray, J. Powell (1995) Genetic association between alleles of pancreatic phospholipase A2 gene and bipolar affective disorder. *Psychiatric Genetics* 5:4 177-80

S. Robling, T. Flynn, **N. Hunt**, C. Gregory and M. McBreen (1997) Audit of drug management of acute behavioural disturbance. *Psychiatric Bulletin* 21, 440-444

T. Silverstone, H. McPherson, **N. Hunt**, S. Romans (1998) How effective is lithium in the prevention of relapse in bipolar disorder? A prospective naturalistic follow-up study. *Australian & New Zealand Journal of Psychiatry* 32:61-6

S. Eaton, **N. Hunt** (2000) Prediction of violence on a psychiatric intensive care unit. *Medicine, Science and the law*. 40: 143-6

PUBLICATIONS (continued):

K. Macritchie, **N. Hunt** (2000) Does "rebound mania" occur after stopping carbamazepine?. Journal of Psychopharmacology 14(3) 266-268

G. Murray, H. Nandhra, N.Hymas and **N. Hunt** (2003) Psychiatrists omit information from clinic letters when they know patients will be sent copies (22 February 2003) BMJ 326, 449

G.Goodwin (on behalf of the **BAP consensus group**) (2003) Evidence based guidelines for treating bipolar disorder. Journal of Psychopharmacology. 17, 140-173

N. Farrelly, C. Dibben and **N. Hunt** (2004) Evaluation of the management of bipolar affective disorder. Journal of Psychopharmacology. 18 (abstract supplement) A15, MA21

R. Jacob and **N. Hunt** (2005) Treatment of acute behavioural disturbance. Clinical Governance: An International Journal 10, 270-275

C. Dibben, M. L. Wong and **N.Hunt** (2005) Mental Health Tribunals: an issue for clinical governance. Clinical Governance: An International Journal 10, 300-303

N. Farrelly, C. Dibben and **N. Hunt** (2006) Current Management of Bipolar Affective Disorder: Is it Reflective of the BAP Guidelines? Journal of Psychopharmacology 20,128-131

N. Hunt, F. Thompson and C. Dibben (2008) Measuring compliance with lithium through prescription data. Bipolar Disorders 10 (Supp) 45 (Poster at ISBD)

N. Hunt (2009) review of: Psychoeducation Manual for Bipolar Disorder in Psychological Medicine 39, 875

F. Thompson, C. Dibben, P. Watson and **N. Hunt** (2009) Lithium monitoring: Should tracking prescriptions be implemented to improve outcome? Clinical Governance 14, 120-125

G.Goodwin (on behalf of the **BAP consensus group**) (2009) Evidence based guidelines for treating bipolar disorder. Journal of Psychopharmacology. 23, 346-388

Geddes J on behalf of **Balance Investigators** (2010) Bipolar affective disorder: Lithium/Anticonvulsant evaluation (BALANCE) Lancet 375, 385-395

Geddes J on behalf of the **CEQUEL Investigators** (2016) Comparative evaluation of quetiapine plus lamotrigine combination versus quetiapine monotherapy (and folic acid versus placebo) in bipolar depression (CEQUEL): a 2 × 2 factorial randomised trial. Lancet Psychiatry 3, 31-39

G.Goodwin (on behalf of the **BAP consensus group**) (2016) Evidence-based guidelines for treating bipolar disorder: revised third edition Recommendations from the British Association for Psychopharmacology. Journal of Psychopharmacology.

Books:

T. Silverstone and **N. Hunt** (1991) Symptomatology and assessment of mania. Chapter in 'The Handbook of Affective Disorders' 2nd edition (Ed E. Paykel). Livingstone, Edinburgh

Chapter in OSCEs in Psychiatry (2004) edited by A. Michael: 'Explain management of bipolar affective disorder'

Neil Hunt (2004) Bipolar Disorder – Your Questions Answered. Elsevier. **ISBN 0443100705**

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